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100 Journal Prompts To Get Your Creative Juices Flowing



Synopsis

Journal writing is a simple inexpensive way to provide powerful, therapeutic, emotional relief in a short period of time. 100 Journal Writing Prompts helps to rejuvenate your mind by sorting the dreaded "mental clutter" or "feeling stuck" syndromes. Guaranteed to help you keep your sanity, take control of your life, and banish conformity. Powerful questions help to stimulate your mind, uplift your spirit, and promote clarity and creativity. After completing 100 Journal Writing Prompts you'll know exactly what you want in your relationships, financial, and spiritual life, how to attain it, and how to end repetitive mistakes.

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Customer Reviews

The 100 Prompts in this book includes some good ideas for teachers and regular journal writers. The book could be used by English teachers or creative writers. One idea of the 100, for example, is to imagine yourself as a cartoon character and write about how you would look and sound. It sounds like a fun thing to do with a group. This book would make an excellent complement to my own book of reflective quotes and personal journal writing ideas: Journal: 365+ writing prompts, ideas and quotes to cultivate joy and well-being. I bless Elizabeth for the best of success from one

author to another.

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